

Coaching and Mentoring For Success



An intensive 2-day workshop designed to refine and develop essential skills for managers coaching and mentoring their team with emphasis on interactive sessions, case studies, role plays and practices.

Ephod Consulting Associates PL and
Master Trainers Academy
The leading organisation development consultancy
www.ephodconsulting.com

Benefits of Workshop

- Apply coaching and mentoring skills for better performance
- Identify underlying causes for conflict in interpersonal relationships
- Be more effective coach-manager

Workshop Outline

- Performance Management Cycle
- Role of the coach and the coachee
- Defining Coaching & Mentoring
- Why Managers Avoid Coaching and Mentoring
- Benefits of Coaching
- GROW Coaching Model
- Essential Coaching Skills
- Am I A Good Coach – A 6-Step Coaching Meeting Framework
- Coaching Different Types of People
- Team Coaching
- 5Ps Team Performance Coaching Model

For Whom

Managers, Professionals and all who wants to be more effective coach-manager

Course Methodology

The workshop will incorporate lecturettes, exercises, case studies, video and group discussions. Experiential activities will also be designed to allow participants to understand the concepts and skills taught.

Duration: 2-day

In-Company Workshops

Ephod can provide this workshop in a tailored format for your company in your premises

Over 100 companies have attended Ephod workshops including

Intel, Reuters, SSMC, Philips APAC

Sony-Ericsson APAC, Air Products

Singapore Press Holdings, ZF SEA

AC Nielsen, VOPAK, GELife,

New Toyo International, AIA

Prudential, Avex Electronics

Singapore Yellow Pages, Jebesen & Jessen, Prime Minister's Office

Singapore MRT, Singapore Power

Min of Environment, Ngee Ann Polytechnic,

Singapore Polytechnic, National Library Board,

Infocomm Development Authority, Mindef Centre for Mgt Devt, Min of Community Devt and Sports, Min.

of Education, Min. of Manpower, SLA